



## ON-YOUR-OWN **ACTIVITY OPTIONS**

Explore a selection of activity options in Napa Valley and Sonoma County below. We strongly encourage you to **book a reservation for your plans ahead of your arrival** as many locations require advanced bookings.

### NAPA VALLEY QUICK LINKS

[Kid Friendly >](#)
[Wine + Culinary >](#)
[Hot Air Balloons >](#)
[Unique Tours >](#)
[Outdoors >](#)

Activity/Event	Age Restrictions	Date and Time	Link to Learn More
<b>NAPA VALLEY</b>			
<b>Napa Valley Wine Train Vista Dome Lunch</b>	13+	Saturday, July 20 Sunday, July 21 11:30 a.m.-2:30 p.m.	<a href="http://winetrain.com/our-experiences/vista-dome/">winetrain.com/our-experiences/vista-dome/</a>
<b>Adventure Aloft Hot Air Balloon Ride with Optional Brunch</b>	All Ages	Daily Availability 5:15 a.m. Meeting Time	<a href="http://nvaloft.com/book-napa-valley-balloon-rides/">nvaloft.com/book-napa-valley-balloon-rides/</a>
<b>Balloons Above the Valley</b>	All Ages	Daily Availability 5:30 a.m. Pick Up Time	<a href="http://balloonrides.com">balloonrides.com</a>
<b>The Grape Escape</b>	All Ages	Daily Availability 10:00 a.m., 11:30 a.m. and 1:00 p.m.	<a href="http://escaperoomnapa.com">escaperoomnapa.com</a>
<b>Hiking Trails</b>	All Ages	At Your Leisure	<a href="http://visitnapavalley.com/blog/post/best-places-hike-napa-valley/">visitnapavalley.com/ blog/post/best-places- hike-napa-valley/</a>
<b>Connolly Ranch Farm Open House</b>	All Ages	Sunday, July 21 9:00 a.m.-1:00 p.m.	<a href="http://connollyranch.org">connollyranch.org</a>
<b>Rail Arts District (RAD) Napa Art Walk</b>	All Ages	At Your Leisure	<a href="http://radnapa.org">radnapa.org</a>
<b>Di Rosa Center for Contemporary Art</b>	All Ages	Thursday-Sunday 11:00 a.m.-4:00 p.m.	<a href="http://dirosaart.org">dirosaart.org</a>

Activity/Event	Age Restrictions	Date and Time	Link to Learn More
<b>NAPA VALLEY</b>			
<b>Napa Valley Paddle</b>	All Ages	Friday-Sunday 9:00 a.m.-4:00 p.m.  Monday, Wednesday and Thursday 10:00 a.m.-2:00 p.m.	<a href="http://napavalleypaddle.com/">napavalleypaddle.com/</a>
<b>Symphonic Finale with Time for Three</b>	All Ages	Sunday, July 21 6:30 p.m.	<a href="http://festivalnapavalley.org/calendar/symphonic-finale-with-time-for-three/">festivalnapavalley.org/ calendar/symphonic-fi- nale-with-time-for-three/</a>
<b>Jelly Belly Factory Tour</b>	All Ages	Daily at 9:15 a.m., 11:30 a.m. and 1:30 p.m.	<a href="http://jellybelly.com/california-factory-tours">jellybelly.com/califor- nia-factory-tours</a>
<b>Six Flags Discovery Kingdom</b>	All Ages	Open Daily 11:00 a.m.-7:00 p.m.	<a href="http://sixflags.com/discoverykingdom">sixflags.com/ discoverykingdom</a>
<b>Bale Grist Mill State Historic Park</b>	All Ages	Weekends from 10:00 a.m.-4:00 p.m.	<a href="http://parks.ca.gov/?page_id=482">parks.ca.gov/ ?page_id=482</a>
<b>Alpha Omega Winery</b>	All Ages	Open Daily 10:00 a.m.-6:00 p.m.	<a href="http://aowinery.com/Visit-Us">aowinery.com/Visit-Us</a>
<b>Nimbus Arts Printmaking Session</b>	12+	Sunday, July 21 9:30 a.m.-1:00 p.m.	<a href="http://nimbusarts.asapconnected.com/?org=1017#CourseID=296747">nimbusarts.asapconnect- ed.com/?org=1017#Cour- seID=296747</a>
<b>Oakville Grocery Store</b>	All Ages	Open Daily 7:00 a.m.-5:00 p.m.	<a href="http://boissetcollection.com/brands/oakville-grocery">boissetcollection.com/ brands/oakville-grocery</a>
<b>Winemaker for a Day at Raymond Vineyards</b>	21+	By Appointment Only, Thursday-Monday	<a href="http://raymondvineyards.com/experience/winemaker-for-a-day/">raymondvineyards.com/ experience/winemaker- for-a-day/</a>
<b>Napa Valley Wine Train: Grgich Hills Winery Tasting   Lunch</b>	21+	Saturday, July 20 Sunday, July 21 11:30 a.m.-2:30 p.m.	<a href="http://winetrain.com/our-experiences/grgich-hills-estate-tasting/">winetrain.com/our-expe- riences/grgich-hills-es- tate-tasting/</a>
<b>Shadybrook Estate - The Ultimate Ranch Experience with Horseback Riding</b>	21+	3-Hour Experience Available Daily	<a href="http://shadybrookestate.com/visit-us/experiences">shadybrookestate.com/ visit-us/experiences</a>
<b>Shadybrook Estate Blendfest!</b>	21+	4-Hour Experience Available Monday-Friday	<a href="http://shadybrookestate.com/visit-us/corporate-excursions">shadybrookestate.com/ visit-us/corporate-excursions</a>
<b>Shadybrook Estate Sip &amp; Paint</b>	21+	3-Hour Experience Available Monday-Friday	<a href="http://shadybrookestate.com/visit-us/corporate-excursions">shadybrookestate.com/ visit-us/corporate-excursions</a>

Activity/Event	Age Restrictions	Date and Time	Link to Learn More
NAPA VALLEY			
<b>Calisotga's Unique Mud Baths</b>	Adults Only, Ages Vary by Location	Varies Per Location	<a href="https://visitnapavalley.com/blog/post/getting-dirty-calisto-gas-mud-baths/">visitnapavalley.com/blog/post/getting-dirty-calisto-gas-mud-baths/</a>
<b>Private Class at Culinary Institute of America</b>	21+	N/A	<a href="https://ciafoodies.com/private-classes/">ciafoodies.com/private-classes/</a>
<b>Sterling Vineyards Experiences</b>	21+	Available to Book 7 Days a Week	<a href="https://sterlingvineyards.com/en/visit/tastings.html">sterlingvineyards.com/en/visit/tastings.html</a>
<b>Dine in the Vines at Judd's Hill</b>	21+	Saturday, July 20 7:00-9:00 p.m.	<a href="https://juddshill.com/events-2/">juddshill.com/events-2/</a>
<b>Yountville Food and Wine Tour</b>	21+	Limited Availability, Visit Link to View Options	<a href="https://gourmetfoodandwine-tours.com/tour/napa-food-wine-tour/">gourmetfoodandwine-tours.com/tour/napa-food-wine-tour/</a>
<b>St. Helena Food and Wine Tour</b>	21+	Limited Availability, Visit Link to View Options	<a href="https://gourmetfoodandwine-tours.com/tour/st-helena-food-and-wine-tour/">gourmetfoodandwine-tours.com/tour/st-helena-food-and-wine-tour/</a>
<b>Maxville Lake Wines</b>	21+	Open Daily 10:30 a.m.-4:00 p.m.	<a href="https://maxvillelakewines.com/Visit-Us/Tasting-Experiences">maxvillelakewines.com/Visit-Us/Tasting-Experiences</a>
<b>Hess Person Estates ATV Vineyard Tour &amp; Tasting</b>	21+	Tours and Tastings by Reservation Only Friday-Monday	<a href="https://hessperssonestates.com/experience/vineyard-tour-tasting/">hessperssonestates.com/experience/vineyard-tour-tasting/</a>
SONOMA COUNTY			
<b>Safari West Wildlife Preserve &amp; African Tent Camp</b>	4+	Numerous Time Slots Daily	<a href="https://safariwest.com">safariwest.com</a>
<b>Francis Ford Coppola Winery Swimming Pools and Cabines</b>	All Ages	Open Thursday-Monday	<a href="https://francisfordcoppolawinery.com/visit/pools-and-cabines/">francisfordcoppolawinery.com/visit/pools-and-cabines/</a>
<b>Hog Island Oyster Co</b>	All Ages	Friday-Monday 11:00 a.m.-4:00 p.m. Reservation Required	<a href="https://hogislandoysters.com/restaurants/marshall/">hogislandoysters.com/restaurants/marshall/</a>
<b>Challenge Sonoma Adventure Ropes Course</b>	All Ages	Saturday, July 20 Sunday, July 21 Reservation Required	<a href="https://challengesonoma.org/community1">challengesonoma.org/community1</a>

Activity/Event	Age Restrictions	Date and Time	Link to Learn More
SONOMA COUNTY			
<b>Bodega Marine Laboratory</b>	All Ages	Tours Available Daily Reservation Required	<a href="http://marinescience.ucdavis.edu/bml/visiting-bml">marinescience.ucdavis.edu/bml/visiting-bml</a>
<b>Charles Schulz Museum</b>	All Ages	Monday-Friday 11:00 a.m.-5:00 p.m.  Saturday-Sunday 10:00 a.m.-5:00 p.m.	<a href="http://schulzmuseum.org/">schulzmuseum.org/</a>
<b>Train Town in Sonoma</b>	All Ages	Open Daily 10:00 a.m.-4:00 p.m.	<a href="http://traintown.com">traintown.com</a>
<b>Sonoma Food and Wine Tour</b>	21+	Limited Availability, Visit Link to View Options	<a href="http://gourmetfoodandwine-tours.com/tour/sonoma-food-wine-tour/">gourmetfoodandwine-tours.com/tour/sonoma-food-wine-tour/</a>