



ON-YOUR-OWN ACTIVITY OPTIONS

Explore a selection of activity options in Napa Valley and Sonoma County below. We strongly encourage you to **book a reservation for your plans ahead of your arrival** as many locations require advanced bookings.

NAPA VALLEY QUICK LINKS

[Kid Friendly >](#)
[Wine + Culinary >](#)
[Hot Air Balloons >](#)
[Unique Tours >](#)
[Outdoors >](#)

Activity/Event	Age Restrictions	Date and Time	Link to Learn More
NAPA VALLEY			
Napa Valley Wine Train Vista Dome Lunch	13+	Saturday, July 20 Sunday, July 21 11:30 a.m.-2:30 p.m.	winetrain.com/our-experiences/vista-dome/
Adventure Aloft Hot Air Balloon Ride with Optional Brunch	All Ages	Daily Availability 5:15 a.m. Meeting Time	nvaloft.com/book-napa-valley-balloon-rides/
Balloons Above the Valley	All Ages	Daily Availability 5:30 a.m. Pick Up Time	balloonrides.com
The Grape Escape	All Ages	Daily Availability 10:00 a.m., 11:30 a.m. and 1:00 p.m.	escaperoomnapa.com
Hiking Trails	All Ages	At Your Leisure	visitnapavalley.com/blog/post/best-places-hike-napa-valley/
Connolly Ranch Farm Open House	All Ages	Sunday, July 21 9:00 a.m.-1:00 p.m.	connollyranch.org
Rail Arts District (RAD) Napa Art Walk	All Ages	At Your Leisure	radnapa.org
Di Rosa Center for Contemporary Art	All Ages	Thursday-Sunday 11:00 a.m.-4:00 p.m.	dirosaart.org

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Napa Valley Paddle	All Ages	Friday-Sunday 9:00 a.m.-4:00 p.m. Monday, Wednesday and Thursday 10:00 a.m.-2:00 p.m.	napavalleypaddle.com/
Symphonic Finale with Time for Three	All Ages	Sunday, July 21 6:30 p.m.	festivalnapavalley.org/calendar/symphonic-finale-with-time-for-three/
Jelly Belly Factory Tour	All Ages	Daily at 9:15 a.m., 11:30 a.m. and 1:30 p.m.	jellybelly.com/california-factory-tours
Six Flags Discovery Kingdom	All Ages	Open Daily 11:00 a.m.-7:00 p.m.	sixflags.com/discoverykingdom
Bale Grist Mill State Historic Park	All Ages	Weekends from 10:00 a.m.-4:00 p.m.	parks.ca.gov/?page_id=482
Alpha Omega Winery	All Ages	Open Daily 10:00 a.m.-6:00 p.m.	aowinery.com/Visit-Us
Nimbus Arts Printmaking Session	12+	Sunday, July 21 9:30 a.m.-1:00 p.m.	nimbusarts.asapconnected.com/?org=1017#CourseID=296747
Oakville Grocery Store	All Ages	Open Daily 7:00 a.m.-5:00 p.m.	boissetcollection.com/brands/oakville-grocery
Winemaker for a Day at Raymond Vineyards	21+	By Appointment Only, Thursday-Monday	raymondvineyards.com/experience/winemaker-for-a-day/
Napa Valley Wine Train: Grgich Hills Winery Tasting Lunch"	21+	Saturday, July 20 Sunday, July 21 11:30 a.m.-2:30 p.m.	winetrain.com/our-experiences/grgich-hills-estate-tasting/
Shadybrook Estate - The Ultimate Ranch Experience with Horseback Riding	21+	3-Hour Experience Available Daily	shadybrookestate.com/visit-us/experiences
Shadybrook Estate Blendfest!	21+	4-Hour Experience Available Monday-Friday	shadybrookestate.com/visit-us/corporate-excursions
Shadybrook Estate Sip & Paint	21+	3-Hour Experience Available Monday-Friday	shadybrookestate.com/visit-us/corporate-excursions

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Calisotga's Unique Mud Baths	Adults Only, Ages Vary by Location	Varies Per Location	visitnapavalley.com/blog/post/getting-dirty-calistoga-mud-baths/
Private Class at Culinary Institute of America	21+	N/A	ciafoodies.com/private-classes/
Sterling Vineyards Experiences	21+	Available to Book 7 Days a Week	sterlingvineyards.com/en/visit/tastings.html
Dine in the Vines at Judd's Hill	21+	Saturday, July 20 7:00-9:00 p.m.	juddhill.com/events-2/
Yountville Food and Wine Tour	21+	Limited Availability, Visit Link to View Options	gourmetfoodandwinetours.com/tour/napa-food-wine-tour/
St. Helena Food and Wine Tour	21+	Limited Availability, Visit Link to View Options	gourmetfoodandwinetours.com/tour/st-heleena-food-and-wine-tour/
Maxville Lake Wines	21+	Open Daily 10:30 a.m.-4:00 p.m.	maxvillelakewines.com/Visit-Us/Tasting-Experiences
Hess Person Estates ATV Vineyard Tour & Tasting	21+	Tours and Tastings by Reservation Only Friday-Monday	hesspersonestates.com/experience/vineyard-tour-tasting/
SONOMA COUNTY			
Safari West Wildlife Preserve & African Tent Camp	4+	Numerous Time Slots Daily	safariwest.com
Francis Ford Coppola Winery Swimming Pools and Cabines	All Ages	Open Thursday-Monday	francisfordcoppolawinery.com/visit/pools-and-cabines/
Hog Island Oyster Co	All Ages	Friday-Monday 11:00 a.m.-4:00 p.m. Reservation Required	hogislandysters.com/restaurants/marshall/
Challenge Sonoma Adventure Ropes Course	All Ages	Saturday, July 20 Sunday, July 21 Reservation Required	challengesonoma.org/community1

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SONOMA COUNTY			
Bodega Marine Laboratory	All Ages	Tours Available Daily Reservation Required	marinescience.ucdavis.edu/bml/visiting-bml
Charles Schulz Museum	All Ages	Monday-Friday 11:00 a.m.-5:00 p.m. Saturday-Sunday 10:00 a.m.-5:00 p.m.	schulzmuseum.org/
Train Town in Sonoma	All Ages	Open Daily 10:00 a.m.-4:00 p.m.	traintown.com
Sonoma Food and Wine Tour	21+	Limited Availability, Visit Link to View Options	gourmetfoodandwinetours.com/tour/sonoma-food-wine-tour/